



Vegetarian Recipes with Just 3 or 4 Ingredients

By Jenny White

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Vegetarian Recipes with Just 3 or 4 Ingredients, Jenny White, Whether you adore vegetarian food or simply need to whip up an exciting meal for a vegetarian visitor, this is the book for you. What is more, you won't need a long list of complicated ingredients to prepare enticing recipes such as mushroom stroganoff, mixed bean and tomato chilli, creamy red lentil dahl and passion fruit souffle. With just a few basic items from the storecupboard and four or less ingredients for each recipe, you can make more than 170 delicious dishes. The recipes may be simple, but they don't compromise on quality, and this instructive cookbook shows you how to get the maximum flavour out of the few ingredients that you need to buy. It also advises you on how to benefit from the many excellent ready-made products available on the market, such as pastry, stock or curry paste. With these handy time-saving ingredients, you can create lavish home-made meals with minimum fuss.



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