



## My Poetry My Therapy

By Gerry O. Lundell

Xulon Press. Paperback. Book Condition: New. Paperback. 84 pages. Dimensions: 8.3in. x 5.4in. x 0.4in. Poetry is therapy for the one who writes it, and also for the one who reads it. Who would ever think it - a numbers guy writing poetry. How it all began is unclear, the motivation and inspiration seemed to come out of nowhere, but I enjoyed it. It was my therapy in a troublesome and uncertain world. My Christian faith was ignited and uplifted as I would ponder topics and words for another poem. Gods love and grace became a central theme, and trials, blessings, silence, hope, kindness, patience, peace and Joy - is like dancing daffodils, in your garden or window sills. Silent with glee, jubilant and free, sharing with all intimate thrills. Real joy you have deep inside you cant contain, you cannot hide. Whats there internal shows up external like a secret - reverent - pride. It glows like sunshine in your eye, seen by those who walk nearby. If you have some today - give it away. It will spread like a summer sky. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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