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## Unstuck: A Supportive and Practical Guide to Working Through Writer's Block (Paperback)

By Jane Anne Staw

St Martin's Press, United States, 2005. Paperback. Book Condition: New. Reprint. 204 x 138 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.No one is immune to writer's block. From well-known novelists to students writing term papers, Ph.D. candidates, and associates in business and law firms, most anyone who writes has experienced either brief moments or longer periods when the words simply won't come. Based on her experience as a writing coach and instructor--and before that, as a blocked writer for many years--Jane Anne Staw provides practical, effective strategies for overcoming this common yet vexing problem. Topics include: \* handling anxiety and fear \* carving out time and space to write \* clearing out old beliefs and doubts \* techniques to relax \* managing expectations \* experimenting with genre, voice, and subject matter \* ending the struggle and regaining confidence and freedom by finding your true voice - and using it. Unstuck uncovers the reasons why writers of all levels get blocked--from practical to emotional, and many in between--and offers concrete ways to get writing again, and to find an even deeper connection and more productivity on the page.



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