



## Food for Health, Food for Wealth: Ethnic and Gender Identities in British Iranian Communities

By Lynn Harbottle

Berghahn Books, Incorporated. Paperback. Book Condition: new. BRAND NEW, Food for Health, Food for Wealth: Ethnic and Gender Identities in British Iranian Communities, Lynn Harbottle, Food and eating practices are central to current sociological and anthropological concerns about the body, health, consumption, and identity. This study explores the importance of these themes as they intersect with processes of globalization and cultural production within a specific group of consumers, British Sh'ite Iranians. Through the analysis of the consumption practices of this particular migrant group, this book illustrates how both the nutritional value and symbolic significance of food contribute to its health-giving properties and how gender and ethnic identities are preformed and reinforced through the medium of food-work in public and private spheres. At the same time, as this study demonstrates, migration modifies and transfigures such identities and produces hybrid cultures and cuisines. Lynn Harbottle is a medical anthropologist and nutritionist, with a particular interest in the food habits and health of ethnic minorities in Britain. She was awarded the Frankenberg prize for her Masters dissertation on which this book is based.



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