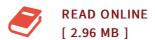




## Roots and Recipes: Six Generations of Heartland Cookery (Hardback)

By Vern Berry

Pelican Publishing Company, United States, 1995. Hardback. Book Condition: New. 235 x 158 mm. Language: English . Brand New Book. While Vern Berry was moving with her husband and family to Colorado in 1927, she thought of her ancestors on their pioneer journey from Kentucky to settle in the Heartland-Indiana, Illinois, and Iowa. The image of each woman doing her best to keep her family well fed and healthy in a pleasant home inspired her. Many years later, Vern, with the help of coauthor Connie Heckert, has compiled a wonderful collection of family recipes and history, the story of how those six generations lived and cooked in the Midwest.Roots and Recipes: Six Generations of Heartland Cookery begins with poignant narratives of the way each couple met, married, and lived their daily lives, often under hardship. These stories verge on romances, so tender and loving are their accounts. And the details make it easy to visualize the past through this family s eyes. Sample menus from several generations are included, allowing the reader to see just what kind of dishes would have been prepared daily. And a wide variety of foods is covered, including old-time dishes such as Spoon Bread, Chicken and...



## Reviews

Absolutely essential read publication. it absolutely was writtern very completely and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Sarai Lebsack

Thorough guide for book enthusiasts. I am quite late in start reading this one, but better then never. Your lifestyle span will be transform when you total reading this article book.

-- Lindsey Larson