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Dear America: Who's Driving the Bus?

By Linda Goudsmit

Contrapoint Publishing. Paperback. Book Condition: new. BRAND NEW, Dear America: Who's Driving the Bus?, Linda Goudsmit, Have you ever wondered why you do what you do? Dear America can help you understand the often hidden connections between your current behaviour and past events. Being able to identify who is driving your bus is the key to unlocking the power within yourself to change your behaviour and live a fuller life. Dear America presents ideas that can be: Easily understood; Universally applied; Readily implemented. Within your control Presented in Dear America is a straightforward philosophy of behaviour that offers a useful paradigm to help us all live our lives as more rational and responsible adults. The book is a reminder that we are each individually the sum of our parts and that we are collectively a society that interacts with each of those parts. To understand a group one must study the individuals who form that group. Society is composed of individuals whose psychological development determines the nature and quality of life in that society. To understand psychological development within a society one must look at individual patterns of behaviour established in childhood that are re-enacted in adulthood. The family remains...



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